## WOMEN'S SOCKS \#SW/03

SIZE 38/39

MATERIALS Lamana Merida (50\% Wool, $25 \%$ Silk, $25 \%$ Polyamide, approx. $200 \mathrm{~m} / 50 \mathrm{~g}$ ) 100 g in color Silk Grey 03, 1 set of dpns size 2.5 mm , 1 spare needle (cable needle)

ABOUT The explanations of the abbreviations used in this pattern and the stitch symbols used in chart can be found on last page. Chart also has written instructions which can also be found on last page

PATTERN NOTE Border pattern: cable pattern: work according to (or follow the written instructions of) chart; 1 pattern repeat is 8 sts wide and 4 rnds high Main pattern: Stockninette st: in rows: knit the RS, purl the WS; in rounds: $k$ all rounds

HOW TO (Preliminary remark: the number of sts to cast on, listed in this pattern, depends on the number of pattern repeat sts and therefore doesn't match the number of sts listed at step 1 in the basic sock pattern's size chart for size 38/39. Gradually while working the leg, decreases are worked, so that heel and toe can be worked according to the basic sock pattern description and charts)

CO 64 sts, distribute the sts evenly over 4 dpns, join for knitting in the round, mark beginning of round (mid back) and work ${ }^{\text {st }}$ rnd as follows: p 2, ${ }^{*} \mathrm{k} 4, \mathrm{p} 4$, rep from * to last 6 sts of rnd, k 4, p 2.
From next rnd on, continue working in border pattern according to chart (or follow written instructions) and distribute the sts over the 4 dpns in such a way that the cables are easy to work. Work patt rep a total of 5 times ( 20 rnds), then work set-up rnd for cables on leg (starting at beg of rnd) as follows: k 40 sts (ktog the $12^{\text {th }}$ and $13^{\text {th }}$ st and the $20^{\text {th }}$ and $21^{\text {th }}$ st - these decreases mimic the astringent effect of the cables at the opposite side of the leg), continue next 16 sts in border pattern (beg and end with p 2 ), k 8 ; after finishing this rnd only 62 sts remain on needles. Continue working as set, until a total (including the cuff) of 20 cable pattern repeats have been worked, distribute the sts in such a way over the needles, that the cables are easy to work. In the last rnd of the leg ( $=4^{\text {th }}$ rnd of cable pattern) work 2 more dec's sts at the cable side of the leg,
as follows: ptog the 2 center purl sts of the 4 purl sts between the cables and ktog the 2 center sts of the $2^{\text {nd }}$ cable. Distribute the remaining 60 sts (with beg of rnd mid back) as follows: dpn $1: 14$ sts, dpns 2 and 3: 16 sts each, dpn 4: 14 sts.
Leave the sts of $2^{\text {nd }}$ and $3^{\text {rd }}$ dpn (upper foot-sts) unworked and only work across the 28 sts of dpn 1 and 4. Work the flap-and-gusset heel according to basic sock pattern instructions, always knit the 2 first and last sts of heel flap (garter stitch). When heel flap is worked, PUK 13 sts along both sides of the heel flap and distribute the now 68 sts, starting from mid back, as follows over dpns: dpn 1 and 4: 20 sts each, dpns 2 and 3: 14 sts each. Continue working in the round in stockinette st over all sts, and at the same time start decreasing for gusset shaping in $1^{\text {st }}$ rnd. Rep these dec's (in every $3^{\text {rd }}$ rnd), until 14 sts each remain on dpns 1 and 4 . Finish the sock (with the 56 remaining sts) according to the basic sock pattern instructions.

Work second sock in the same way, but reverse shaping, i.e. after finishing the cuff, work set-up rnd for leg as follows: k 8, work 16 sts in cable pattern, k 40 (ktog the $20^{\text {th }}$ and $21^{\text {st }}$ st and the $28^{\text {th }}$ and $29^{\text {th }}$ st and after finishing the cable pattern, before beginning of heel shaping, work the 2 dec's at cable side of the leg, mirrored to first sock).


4
3
1 Rapport: 4 Rd
2
1

## LAMANA <br> INSTRUCTION



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ABBREVIATIONS
dpn(s) = double pointed needle(s)
st(s) = stitch(es)
RS = right side
WS = wrong side
rnd(s) = round(s)
k = knit
p = purl
CO = cast on
rep = repeat
beg = begin(ning)
k(2)tog = knit (2 sts) together
p(2)tog = purl (2 sts) together
dec's = decreases
PUK = pick up and knit
cn = cable needle
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## STITCH SYMBOLS

$\mathrm{C} 2 / 2 \mathrm{R}$ : cable to the right, worked over 4 sts:
slip 2 sts onto cable needle and hold at back of work, k 2 , then k the 2 sts from cn
p 1

## SKILL LEVEL

(A) beginner
(B) intermediate
(C) advanced

WRITTEN INSTRUCTIONS OF CABLE CHART<br>Rnd 1: p 2, k 4, p 2<br>Rnd 2: p 2, k 4, p 2<br>Rnd 3: p 2, C2/2R, p 2<br>Rnd 4: p 2, k 4, p 2



## BASIC SOCK PATTERN \#S/01 WORKED IN STOCKINETTE STITCH USING MERIDA

## SIZES 18-47

MATERIALS Lamana Merida (50\% Wool, 25\% Silk, 25\% Polyamide, approx. $200 \mathrm{~m} / 50 \mathrm{~g}$ ) 50 g (Sizes 18-33), 100 g (Sizes 34-43), 150 g (Sizes 44-47), 1 set of dpns size 2.5 mm

PATTERN NOTE Border pattern: alternately k 1 ( tbl ), p 1 ; in the following rnds, work sts as they appear
Main pattern: stockinette st: in rows: knit the RS, purl the WS; in rounds: k all rounds
Gauge/Tension: 30 sts and 42 rows in stockinette st $=10 \times 10 \mathrm{~cm} / 4^{\prime \prime}$ square

ABOUT The explanations of the abbreviations used in this pattern and (size) charts can be found on last page

SOCKS WITH CLASSIC FLAP-AND-GUSSET HEEL The socks are worked from cuff to toe. CO the number of sts of chosen size listed at step 1 in size chart for the leg (for example: for size 38/39: CO 56 sts), distribute sts evenly over 4 dpns, join for knitting in the round and work until desired leg length (or length listed at step 2 in the chart), beginning of rnd is mid back. Start by working $2 \mathrm{~cm} / 0.8$ " in border pattern and continue working all following rnds in main pattern.

Then work set-up rnd for heel shaping as follows: leave the sts of dpns 2 and 3 (upper foot-sts) unworked, only work across the remaining sts of dpns 4 and 1 (heel-sts = half the number of CO sts, step 3 in chart) and work these sts back and forth in rows, until the number of rows listed at step 4 in the chart for the heel flap is reached (to make picking up sts along the side of the heel flap easier later, the 2 first and last stitches of every row can be worked in garter stitch).
Now distribute the heel-sts evenly over 3 dpns (hereafter referred to as dpns 1-3; if the number of sts is not divisible by 3, distribute the sts over the dpns as listed in size chart at step 5) and work the heel flap as follows: RS: k to 1 st before the end of $2^{\text {nd }} \mathrm{dpn}$, *sl last st of $2^{\text {nd }}$ dpn knitwise, $\mathrm{k} 1^{\text {st }}$ st of $3^{\text {rd }} \mathrm{dpn}$ and pass slipped st over. Turn work, WS: sl the $1^{\text {st }}$ st purlwise, p to 1 st before the end of $2^{\text {nd }} d p n$, purl tog the last st of $2^{\text {nd }} d p n$ and the first st of $1^{\text {st }}$ dpn, turn work, RS: sl the $1^{\text {st }}$ st purlwise, k to 1 st before the end of $2^{\text {nd }} \mathrm{dpn}$, rep from *, until all sts of $1^{\text {st }}$ and $3^{\text {rd }} \mathrm{dpn}$ are worked and only the middle number of sts (listed at step 5 in the chart) remain. Distribute these sts evenly over 2 dpns (hereafter referred to as dpns 4 and 1 again) and continue as follows:

RS: k across dpn 1, then also using dpn 1, pick up and knit (PUK) the number of sts listed in chart at step 6 alongside the heel flap (PUK 1 st per 2 rows and PUK 1 st extra at the top and bottom of the heel flap), k across the previously put on holder sts of dpns 2 and 3, subsequently PUK the number of sts listed at step 6 in the chart along the other side of the heel, then $k$ across the sts of dpn 4, join for knitting in the round and start working in rnds again (dpns 1 and 4 now hold half of the sts of the heel flap and the picked up sts). At the same time, start working decreases for the gusset at the end of dpn 1 and at the beginning of dpn 4 in every $3^{\text {rd }}$ rnd as follows: $k$ to last 2 sts of dpn 1, k2tog, $k$ to first 2 sts of dpn 4 , ssk, $k$ to end of rnd. Rep these dec's until the number of sts listed at step 1 has been reached again.

Continue working in stockinette st until the foot has the length listed at step 7 (measured when sock lays flat, from back of heel to living sts) or until the little toe is just about covered when trying on the sock. Then work the toe as follows:
dpn 1: k to last 3 sts, k2tog, k 1
dpn 2: k 1, ssk, k to end of dpn
dpn 3: as dpn 1
dpn 4: as dpn 2 (a total of 4 sts decreased)
Work 2 or 3 rnds without dec's. Work the remaining dec's as described above according to decrease-schedule of chosen size. Cut yarn, thread through remaining 8 or 12 sts (see step 11 of size chart) and pull tight to gather up the sts or close the toe using kitchener stitch.

SOCKS WITH BOOMERANG-HEEL Work as sock with classic flap-and-gusset heel as described above until the beginning of heel shaping. Then continue working only using dpns 1 and 4 (heel-sts = half of the number of CO sts) and leave the sts of dpns 2 and 3 unworked (upper foot-sts). Distribute the sts of dpn 1 and 4 evenly over 3 dpns (hereafter referred to as dpns 1-3; if the number of sts is not divisible by 3, distribute the sts over the dpns as listed in size chart at step 5) and work back and forth using short rows, as follows:
$1^{\text {st }}$ row (RS): k to end, turn
$2^{\text {nd }}$ row (WS): make a double stitch out of the $1^{\text {st }}$ st (i.e. sl st purlwise and pull working yarn tight over the right hand needle to back of work, creating 2 loops on this needle, keep tension on working yarn while continue working the rest of the sts so that the 2 loops of this first st remain on needle as a double stitch - this is also referred to as "make double stitch" or "mds"), p across remaining sts, turn
$3^{\text {rd }}$ row (RS): make double st (mds), k to the double st (ds) of previous row, turn
$4^{\text {th }}$ row (WS): mds, $p$ to ds of previous row, turn.
Rep the $3^{\text {rd }}$ and $4^{\text {th }}$ row, until all sts of dpns 1 and 3 are worked as double stitches and only the sts of center dpn remain on needle as normal sts. Work 2 rnds across all sts of the sock, working the 2 loops of the double sts as 1 kst .

From now on, continue working back and forth in RS and WS rows again and work short rows in opposite direction, as follows:
$1^{\text {st }}$ row (RS): $k$ the sts of center heel-dpn and the first st of the side-dpn, turn
$2^{\text {nd }}$ row (WS): mds, p the sts of center dpn and the $1^{\text {st }}$ st of the other side-dpn, turn
$3^{\text {rd }}$ row (RS): mds, k all sts to previously worked ds, k this ds, k one more st, turn
$4^{\text {th }}$ row (WS): mds, $p$ all sts to previously worked ds, $p$ this ds and the next st, turn
Rep $3^{\text {rd }}$ and $4^{\text {th }}$ row, until 1 ds remains on each side of heel. Work half a row, to center of heel. From here on, continue working in the round, in the $1^{\text {st }} \mathrm{rnd} \mathrm{k}$ the two remaining double sts as 1 st and distribute the sts evenly over the 4 dpns as described at the beginning. Knit the foot of sock to the length listed at step 7, then work the toe as described for the classic flap-and-gusset heel.

## LAMANA <br> INSTRUCTION




LAMANA

## SIZE CHART FOR BASIC SOCK PATTERN

- WITH CLASSIC FLAP-AND-GUSSET HEEL



## - WITH BOOMERANG HEEL

| BABY/CHILD YOUTH ADULT |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of heel-sts | sts | 20 | 20 | 22 | 22 | 24 | 24 | 24 | 26 | 26 | 28 | 28 | 30 | 30 | 32 | 34 |
| Heel-st distribution | sts | 6-8-6 | 6-8-6 | 7-8-7 | 7-8-7 | 8-8-8 | 8-8-8 | 8-8-8 | 8-10-8 | 8-10-8 | 9-10-9 | 9-10-9 | 10-10-10 | 10-10-10 | 10-12-10 | 11-12-11 |

LAMANA
INSTRUCTION

DECREASE-SCHEDULE FOR TOE

| BABY/CHILD | ADULT |
| :---: | :---: |
| Sizes 18-37 | Sizes 38-47 |
| $1^{\text {st }}$ dec in rnd 1 | $1^{\text {st }}$ dec in rnd 1 |
| $2^{\text {nd }}$ dec in rnd 4 | $2^{\text {nd }}$ dec in rnd 5 |
| $3{ }^{\text {rd }}$ dec in rnd 7 | $3^{\text {rd }}$ dec in rnd 9 |
| $4^{\text {th }} \mathrm{dec}$ in rnd 10 | $4^{\text {th }} \mathrm{dec}$ in rnd 12 |
| $5^{\text {th }}$ dec in rnd 12 | $5^{\text {th }} \mathrm{dec}$ in rnd 14 |
| $6^{\text {th }}$ dec in rnd 14 | $6^{\text {th }}$ dec in rnd 16 |
| $7^{\text {th }}$ dec in rnd 15 | $7{ }^{\text {th }}$ dec in rnd 18 |
| $8^{\text {th }}$ dec in rnd 16 | $8^{\text {th }}$ dec in rnd 19 |
| $9^{\text {th }} \mathrm{dec}$ in rnd 17 | $9^{\text {th }} \mathrm{dec}$ in rnd 20 |
| $10^{\text {th }}$ dec in rnd 18 | $10^{\text {th }}$ dec in rnd 21 |
| $11^{\text {th }}$ dec in rnd 19 | $11^{\text {th }}$ dec in rnd 22 |
|  | $12^{\text {th }}$ dec in rnd 23 |
|  | $13^{\text {th }}$ dec in rnd 24 |
|  | $14^{\text {th }}$ dec in rnd 25 |

## ABBREVIATIONS

CO = cast on
st(s) $=$ stitch $(e s)$
$\mathrm{dpn}(\mathrm{s})=$ double pointed needle(s)
RS = right side
WS = wrong side
$\operatorname{rnd}(\mathrm{s})=\operatorname{round}(\mathrm{s})$
$\mathrm{k}=$ knit
p = purl
sl = slip
k2tog $=$ knit 2 sts together
rep = repeat
$\operatorname{dec}($ 's) $=\operatorname{decrease}(\mathrm{s})$
tbl = through the back loop
ssk = sl 1 knitwise, sl 1 knitwise, place sts back onto left needle and k2tog tbl

SKILL LEVELbeginner
(B) intermediate
(C) advanced

